

ZOMERTOCHT 2023

AFSTANDEN

5 KM => 5 A

7 KM => 7 A

10 KM => 10 A

12 KM = 7 B + 5 A

14 KM = 7 A + 7 B

17 KM = 10 A + 7 B

20 KM = 10 A + 10 B

LUS A
5 KM
7 KM
10 KM

LUS B
7 KM
10 KM

START



